

Your health first



SANLAS HOLDING®

progress · competence · humanity



**„Exclusive environment,
individual treatment,
return home in best health“**



OMR Prim. Prof. Dr. Günter Nebel
Founder, owner, and CEO of SANLAS Holding GmbH



At the service of your health



Highest medical level

Our clinics and rehabilitation centres are state-of-the art medical facilities:

- » Cold chamber
- » Tyromotion G-EO gait robot
- » Gait analysis
- » Motomed
- » Motoletto
- » Galileo
- » Sling table
- » Ergotherapy with arm studio (Bi Manu Track, Pablo, Amadeo, Tymo, Myro)
- » Computerised shoulder training device
- » Aquatic therapy pool
- » Hydrojet and hydroelectric baths
- » Magnetic field therapy
- » Massages
- » Physiotherapy
- » Nutrition consulting
- » Relaxation techniques
- » (VRT) Visual Restoration Therapy
- » Soft laser
- » Lymphomat
- » Surgery rooms with in-house surgical and anesthesia team
- » Surgical microscope
- » Intermediate Care Unit

We apply European medicine, traditional Chinese medicine, and alternative methods, and we offer you a comprehensive **one-stop medical care** (checkup, post-acute care, rehabilitation) on the basis of your individual treatment plan following a precise medical diagnosis.

Sometimes the recovery process takes a bit longer, and sometimes it requires its own (medical) solution. We at Sanlas Holding will help you navigate your health challenges through the best medical treatment and recover both physically and mentally. Led by founder, owner, and CEO OMR Prim. Prof. Dr. Günter Nebel, Sanlas Holding has been one of the **most renowned companies in Austria** in the health and social sector **in the last 40 years**.

- » 5 private clinics
- » 2 outpatient departments
- » 6 partner care homes
- » 2 hotels
- » Over 1,500 beds
- » More than 10,000 patients/year from Austria and abroad
- » Around 1,200 employees
- » Management and consulting

NUMEROUS AWARDS & MEMBERSHIPS



Our medical services



ORTHOPAEDICS

Treatment of spinal and joint malformations, arthrosis, accidents and injuries, weak back muscles, rheumatology using sports and exercise therapy, cold chamber, Tyromotion arm studio, G-EO gait robot, and many more to alleviate pain and impairment of functional capacity, promote reintegration in daily life and increase quality of life.



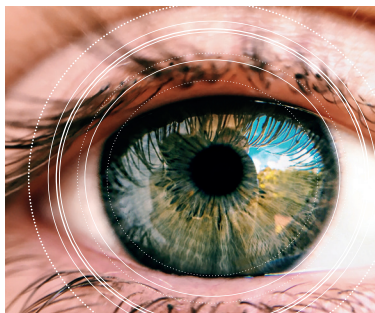
NEUROLOGY

Treatment of neurological disorders, strokes, brain haemorrhage, multiple sclerosis, muscular disorders, infections/tumours of the nervous system, epilepsy, paralysis or speech disorders using ergotherapy and physiotherapy, logopaedics, remedial massage, underwater therapy, and many more to reduce impairments and disorders and to restore mobility and independence.



METABOLISM

Treatment of metabolism, nutritional mistakes, obesity and eating disorders through laboratory examinations (blood, urine), fitness checks, individual coaching and medical training and dietary changes, detox treatments, remedial massage, balneotherapy, and many more, to relieve tension, calm the vegetative nervous system, and to gradually bring body weight back to balance.



OPHTHALMOLOGY

Treatment of ametropia by replacement of the lens, plastic and reconstructive eyelid surgery, surgical treatment of retinal diseases, and an eye laser centre for the treatment of vision disorders to help you regain „an eye for the beauty that surrounds us.“



PAIN TREATMENT

Treatment of chronic and acute pain (injuries, muscle tension), burnout and psychosomatic pain using magnetic field treatment, electrotherapy, laser, cold chamber, traditional Chinese medicine, and infusion therapy to regain spontaneity, vitality, and to boost mental health.



LONG COVID

Treatment of long-term effects (lack of drive, stress intolerance, vascular diseases), mental impact (burnout, anxiety, insomnia) or for risk groups like patients with lung disease, damaged heart, diabetes, or cancer using targeted cardiological, psychosomatic, orthopaedic, and pneumatological treatment to restore full health.



PLASTIC & COSMETIC SURGERY

Treatment of individual cosmetic requirements like body tightening, cosmetic surgery, liposuction, breast surgery, skin transplants, facelifting and Botox to help you feel good in your body again. All treatments take place in an absolutely discreet environment, and the recovery period can be spent in our own hotel facilities.



GENERAL SURGERY

Treatment of acute diseases and accidents using orthopaedic surgery (shoulders, hips, knees, hands), general surgery (varices, rectal surgery, endoscopic surgery) urologic surgery (prostate, kidneys, stone removal with laser and ultrasound), ENT surgery (tympanoplasty, endoscopic sinus surgery) and gynaecology.

Our facilities at a glance

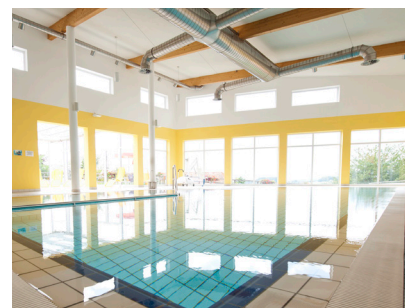
PEOPLE FIRST

At all our healthcare facilities, people are always the top priority. Our staff treat all patients with the necessary expert knowledge, but also with a lot of kindness. In addition to the latest treatment and therapy methods, **interpersonal contact** is essential in supporting a full recovery. New therapy programs are constantly being established through new medical-scientific studies, global thinking and openness.

Laßnitzhöhe Private Clinic

Range of services:

- » Neurological rehabilitation
- » Orthopaedic rehabilitation
- » Multi-modal pain treatment
- » TCM studio
- » Whole-body cryotherapy



Leech Private Clinic

Range of services:

- » Accute medicine
- » In-patient hospital
- » Day hospital
- » Medical centre
- » Ophthalmology



Schwarzl Clinic

Range of services:

- » Plastic and cosmetic surgery
- » Day hospital
- » Medical centre
- » In-house medical hotel





How to get to us

- » Simply contact us at **international@sanlas.at**
- » Send us your medical findings and your concerns
- » Following a confidential examination by our specialists, you will be given a personal appointment to discuss further steps
- » No waiting time, an immediate appointment is possible
- » Our luxury shuttle service will pick you up from the airport in Vienna/Graz/Salzburg
- » Welcome by your personal assistant
- » VIP accommodations in our hospitals and partner hotels for you and your accompanying persons
- » Of course, any individual cultural needs will be taken into account

For companions

Sanlas Holding and its facilities are located in Styria (Austria) and beyond. Styria is home to a plethora of health resorts, and is often referred to as Austria's „**green heart**“ because of its numerous forests, meadows, pastures, orchards and vineyards. In addition, the province boasts magnificent lakes, impressive mountain landscapes with traditional lodges and wine taverns, a pleasant climate throughout the year, and a delicious, healthy drinking water.

We are happy to organise all leisure activities for your accompanying persons (folklore, arts and culture), and we will also support you with visa formalities and other organisational matters.





**Parkstraße 11
8010 Graz
+43 (0) 3133 / 2274 - 9110
international@sanlas.at
office@sanlas.at**